

Richardson I.S.D.

Planned Menu Spreadsheet

Portion Values - Detailed

Page 1

Aug 21, 2017 thru Sep 1, 2017

Jr High Lunch Grad7-8/17-18

001 - Central Office

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	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 08/21/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Pizza, 8-cut 16", Wild Mike Ch	Slice	25	360	510	3.00	4	20.0	34.0	17.0	8.00
Pizza, 8-cut 16", Wild MikePep	Slice	25	370	580	3.00	4	20.0	33.0	17.0	9.00
Sandwich, Turkey&Cheese, Deli	sandwich	25	295	740	3.00	*1	19.5	35.0	9.75	4.25
Box, Protein Power Pack	1 EACH	15	320	752	3.03	*5	16.55	29.76	13.89	6.26
Corn, Seasoned, from Frozen	1/2 cup	60	96	59	2.00	3	2.11	15.97	3.76	1.69
Broccoli, Steamed, Seasoned	1/2 cup	60	57	156	2.24	*0	3.36	4.48	3.2	1.60
Orange Wedges, w/Cherries	Servings	60	72	0	3.21	14	1.24	17.45	0.16	0.02
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Mayonnaise, P.C. Packet, Light	PC pkt	20	5	130	0.00	0	0.0	1.0	0.0	0.00
Mustard/p.c. packet	PC pkt	20	4	69	0.06	0	0.26	0.35	0.24	0.01
Weighted Daily Average			551	898	7.18	*29	29.64	69.99	17.84	8.54
% of Calories						*20.8%	21.5%	50.8%	29.1%	13.9%
Nutrient Guideline			600-700	1360						<10.00

Tue - 08/22/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Hamburger/All Beef/WhlGrnAdvnc	sandwich	20	320	275	4.00	3	23.0	28.0	15.0	5.00
Cheeseburger/AllBeef/WhlGrnAdv	sandwich	20	355	430	4.00	3	26.5	29.0	17.0	6.25
Hot Dog on WG Bun, Trky,2M1.5G	1 each	35	240	840	2.00	5	12.0	25.0	10.5	3.00
Yogurt, StrngCh,WhtCrkr/Entree	yo/stk/pkg	15	250	410	2.00	17	12.0	35.0	6.0	2.50
Macaroni & Cheese/LndOLakes	1/2 cup	50	178	331	1.01	*1	8.25	23.62	5.81	3.53
Cabbage, Seasoned, Green	1/2 cup	60	45	275	2.28	3	1.18	5.35	2.49	1.23
Garden Salad w/ Spinach	1 Cup	60	17	26	1.48	*1	1.19	3.53	0.21	0.03
Apple Wedges, Red & Green	serving	60	79	2	3.63	*0	0.4	21.01	0.26	0.05
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Ketchup/p.c. packet	PC pkt	20	10	25	0.00	2	0.0	2.0	0.0	0.00
Mustard/p.c. packet	PC pkt	20	4	69	0.06	0	0.26	0.35	0.24	0.01
Mayonnaise, P.C. Packet, Light	PC pkt	20	5	130	0.00	0	0.0	1.0	0.0	0.00
RELISH: individual PC	PC pkt	20	10	50	0.00	3	0.0	3.0	0.0	0.00
Ranch Dressing, Mix/Buttermilk	# 40 dipper	20	42	168	0.00	1	0.5	0.7	4.12	0.47
Dressing, Honey Mustard, PC Cu	1 Each	20	80	125	0.00	5	0.0	7.0	6.0	1.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			570	1116	7.55	*26	30.05	74.97	18.23	6.83
% of Calories						*18.5%	21.1%	52.6%	28.8%	10.8%
Nutrient Guideline			600-700	1360						<10.00

Wed - 08/23/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Nachos, WG, BAG, RFCheese1M2G	#10Chs	12	321	715	3.00	0	11.08	32.04	16.09	7.06
Nachos/BAG/JTM:TrkyChili&C2M2G	#12Mt/#10Chs	12	407	1055	4.19	*2	20.0	37.39	19.09	8.03
Nachos/BAGJTMKyChli/NoChs1M2G	#12Mt	12	275	494	4.17	2	11.81	33.28	9.94	1.94
Nachos, Dorito,BagRFCheese1M2G	#10Chs	12	321	835	2.00	0	11.08	31.04	16.09	7.06
Nachos,DoritsJTM:TrkyChili2M2G	#12Mt/#10Chs	12	407	1175	3.19	*2	20.0	36.39	19.09	8.03
Nachos,DoritoJTMChli/NoChs1M2G	#12Mt	12	275	614	3.17	2	11.81	32.28	9.94	1.94
Crispito/ChickenChili/72cs2M2G	2 crispitos	12	540	740	6.00	2	24.0	46.0	28.0	6.00
Box, Pizza Kit	1 EACH	10	294	711	3.03	*5	17.33	30.65	9.96	3.70
Oatmeal Muffins, 1WG	muffin	50	235	157	2.25	*23	4.21	41.08	6.53	2.38
Baked Beans, Canned, Bush's,Vg	1/2 cup	60	140	371	6.02	12	5.02	30.09	0.5	0.00
Broccoli Florets & GrapeTomato	1/2 cup	60	14	8	0.96	*0	0.87	2.79	0.15	0.02
Grapes, Fresh, Red Seedless	1/2 cup	60	61	2	0.82	15	0.57	15.56	0.32	0.10
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk,1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Salsa, Mild, Pace Chunky4/138	# 40 dipper	20	8	89	0.00	1	0.0	1.69	0.0	0.00
Jalepeno Peppers, Condiment	# 40 dipper	20	2	152	0.46	0	0.0	0.46	0.0	0.00
Ranch Dressing, Mix/Buttermilk	# 40 dipper	20	42	168	0.00	1	0.5	0.7	4.12	0.47
Cheese Sauce/RSodRFLandO'Lakes	#30	20	44	185	0.00	*0	2.69	1.35	3.03	2.02
Weighted Daily Average			711	1331	9.29	*45	29.73	100.33	20.96	7.24
% of Calories						*25.5%	16.7%	56.5%	26.5%	9.2%
Nutrient Guideline			600-700	1360						<10.00

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Thu - 08/24/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Chicken Tenders, WG, Tyson, 70334	3pcs	25	260	390	3.00	1	15.0	16.0	15.0	2.50
Chicken Tenders, WG HOT Tyson	3 pieces	25	260	390	3.00	1	15.0	16.0	15.0	2.50
Rolls/Rich's/WGRich/2.5oz/160	Roll, 2.5 oz	50	185	153	3.40	3	7.0	28.0	4.67	1.33
Chicken Fried Steak, WhlGrnBun	sandwich	25	435	465	6.95	5	21.76	46.7	20.7	4.43
Chef Salad, Boileg Egg&Chs&Crk	1 salad	15	244	358	4.23	*4	13.17	19.98	12.09	4.64
Mashed Potatoes: Idahoan	1/2 Cup	60	70	254	1.00	*1	2.0	14.02	0.5	0.00
Peas, Green, Seasoned, Frozen	1/2 cup	60	94	279	4.29	4	4.91	13.58	2.5	1.17
Bananas	1 EACH	60	90	1	2.63	12	1.1	23.07	0.33	0.11
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Gravy, LowSodiumPepper, Pioneer	1 Fl. Oz	20	17	70	0.00	*0	0.0	2.47	0.99	0.49
Ketchup/p.c. packet	PC pkt	20	10	25	0.00	2	0.0	2.0	0.0	0.00
Mayonnaise, P.C. Packet, Light	PC pkt	20	5	130	0.00	0	0.0	1.0	0.0	0.00
Ranch Dressing, Mix/Buttermilk	# 40 dipper	20	42	168	0.00	1	0.5	0.7	4.12	0.47
Dressing, Honey Mustard, PC Cu	1 Each	20	80	125	0.00	5	0.0	7.0	6.0	1.00
Weighted Daily Average			661	1025	10.32	*32	31.53	86.72	21.54	5.18
% of Calories						*19.2%	19.1%	52.4%	29.3%	7.1%
Nutrient Guideline			600-700	1360						<10.00

Fri - 08/25/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Rice Bowl, OraChix, WGORieRic2G	#8Rice, 12p	30	527	850	3.72	*27	18.24	67.54	18.45	4.39
Cheese Bites, Wild Mike's,	4 Bites	30	292	552	3.95	0	15.8	27.66	13.52	4.78
Yogurt, Colby, WCracker/Entree	yo/stk/pkg	25	280	410	2.00	16	12.0	34.0	9.0	4.50
Green Beans w/Bacon Crumbles	1/2 Cup	60	62	203	2.23	1	1.32	4.64	3.62	1.64
Baby Carrots	1/2 Cup	60	25	56	2.07	3	0.46	5.89	0.09	0.02
Watermelon, Whole, 10#=30srv.	1/2 cup	60	45	2	0.60	9	0.92	11.42	0.23	0.02
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Marinara Sauce, Dip Cup, 1oz	1 Each	20	15	120	0.50	2	0.0	3.0	0.0	0.00
Ranch Dressing, Mix/Buttermilk	# 40 dipper	20	42	168	0.00	1	0.5	0.7	4.12	0.47
Dressing, Honey Mustard, PC Cu	1 Each	20	80	125	0.00	5	0.0	7.0	6.0	1.00

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Portion Values - Detailed

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	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			532	921	5.85	*38	23.14	69.38	16.73	5.48
% of Calories						*28.4%	17.4%	52.1%	28.3%	9.3%
Nutrient Guideline			600-700	1360						<10.00

Mon - 08/28/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Chicken Quesadillas, 2M2G	1 quesadilla	25	421	1055	3.31	*2	21.81	31.79	22.87	11.31
Tostada Bowl/JTM/2M/S.W.Turkey	1 CornShell#8	45	294	606	1.78	3	17.88	22.0	14.0	4.96
Box, Protein Power Pack	1 EACH	25	320	752	3.03	*5	16.55	29.76	13.89	6.26
Mexican Rice, WhlGrain, Lawrys	1/2 Cup	60	139	202	1.32	*0	2.34	20.66	5.36	0.65
Refried Beans, Santiago, 17/bg	1/2 cup	60	200	664	10.00	*0	10.0	28.01	5.0	2.00
Salad, Romaine	1 cup	60	8	4	0.95	1	0.56	1.49	0.14	0.02
Apple Wedges, Red & Green	serving	60	79	2	3.63	*0	0.4	21.01	0.26	0.05
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Salsa, Mild, Pace Chunky4/138	# 40 dipper	20	8	89	0.00	1	0.0	1.69	0.0	0.00
Jalepeno Peppers, Condiment	# 40 dipper	20	2	152	0.46	0	0.0	0.46	0.0	0.00
Ranch Dressing, Mix/Buttermilk	# 40 dipper	20	42	168	0.00	1	0.5	0.7	4.12	0.47
Dressing, Caesar, P.C. Chelton	1 Each	20	45	190	0.00	1	0.5	2.0	3.5	1.00
Weighted Daily Average			702	1525	12.02	*19	34.02	85.97	23.97	8.85
% of Calories						*10.9%	19.4%	49.0%	30.7%	11.3%
Nutrient Guideline			600-700	1360						<10.00

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Tue - 08/29/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Mini CornDogs/FosterFarms/2M2G	6 mini dogs	45	270	410	5.00	5	10.0	30.0	12.0	3.50
Meatball Sandwich/Hoagie	sandwich	40	466	718	6.41	*7	25.71	51.49	18.92	4.70
Yogurt, StrngCh,Chzlt/Entree	yo/stk/pkg	20	266	427	0.71	15	12.13	33.05	9.17	3.92
Banana Bread Muffins, WholeGr	muffin	50	163	186	1.77	*14	3.12	29.54	3.94	1.78
Tater Tots, Baked Veg., RSod	#8 Disher	60	93	165	1.03	0	1.03	14.43	3.61	0.00
CucumberSlices&CherryTomatoes	1/2 Cup	60	12	3	0.64	*1	0.57	2.82	0.12	0.03
Fruit Juice, 4 oz	4 fl.oz.	60	62	15	0.15	0	0.37	15.05	0.01	0.00
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Salsa, Mild, Pace Chunky4/138	# 40 dipper	20	8	89	0.00	1	0.0	1.69	0.0	0.00
Jalepeno Peppers, Condiment	# 40 dipper	20	2	152	0.46	0	0.0	0.46	0.0	0.00
Ketchup/p.c. packet	PC pkt	20	10	25	0.00	2	0.0	2.0	0.0	0.00
Mustard/p.c. packet	PC pkt	20	4	69	0.06	0	0.26	0.35	0.24	0.01
Ranch Dressing, Mix/Buttermilk	# 40 dipper	20	42	168	0.00	1	0.5	0.7	4.12	0.47
Dressing, Honey Mustard, PC Cu	1 Each	20	80	125	0.00	5	0.0	7.0	6.0	1.00
Weighted Daily Average			682	1044	7.03	*33	28.31	94.31	21.59	5.74
% of Calories						*19.2%	16.6%	55.3%	28.5%	7.6%
Nutrient Guideline			600-700	1360						<10.00

Wed - 08/30/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Spaghetti & Meatballs, SceChx	1Cup/3Ea	50	563	353	6.25	12	28.32	85.67	13.65	2.51
Breadstick, CheesyGarlicDough	1 Each	50	130	177	1.00	2	3.01	13.04	6.34	2.17
Enchiladas,Cheese/RFChed/RedSc	2 each	35	374	726	2.32	*0	18.53	29.38	18.48	10.31
Box, Pizza Kit	1 EACH	10	294	711	3.03	*5	17.33	30.65	9.96	3.70
Green Beans w/Bacon Crumbles	1/2 Cup	60	62	203	2.23	1	1.32	4.64	3.62	1.64
Peas & Carrots: Seasoned	1/2 Cup	60	68	287	2.88	5	2.88	8.63	2.24	1.12
Orange Wedges, w/Cherries	Servings	60	72	0	3.21	14	1.24	17.45	0.16	0.02
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Salsa, Mild, Pace Chunky4/138	# 40 dipper	20	8	89	0.00	1	0.0	1.69	0.0	0.00
Jalepeno Peppers, Condiment	# 40 dipper	20	2	152	0.46	0	0.0	0.46	0.0	0.00

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Weighted Daily Average			740	1092	9.82	*36	35.35	98.58	21.57	8.28
% of Calories						*19.2%	19.1%	53.3%	26.2%	10.1%
Nutrient Guideline			600-700	1360						<10.00

Thu - 08/31/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Chicken Nuggets/Tyson/WG	5 pieces	25	263	400	2.50	1	16.25	16.25	15.0	2.50
Chicken Nuggets/Tyson/HOT	5 pieces	25	263	400	2.50	1	16.25	16.25	15.0	2.50
Rolls/Rich's/WGRich/2.5oz/160	Roll, 2.5 oz	45	185	153	3.40	3	7.0	28.0	4.67	1.33
Burrito, Bean,Cheese&RedSce	1 each	35	340	530	5.00	2	15.0	42.0	13.0	7.00
Yogurt, Colby, WCracker/Entree	yo/stk/pkg	10	280	410	2.00	16	12.0	34.0	9.0	4.50
Sweet Potatoes, Whipped, Veg	1/2 cup	60	174	138	2.98	19	0.76	34.72	3.95	1.60
Broccoli, Steamed, Seasoned	1/2 cup	60	57	156	2.24	*0	3.36	4.48	3.2	1.60
Watermelon, Whole, 10#=30srv.	1/2 cup	60	45	2	0.60	9	0.92	11.42	0.23	0.02
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Ketchup/p.c. packet	PC pkt	20	10	25	0.00	2	0.0	2.0	0.0	0.00
Salsa, Mild, Pace Chunky4/138	# 40 dipper	20	8	89	0.00	1	0.0	1.69	0.0	0.00
Jalepeno Peppers, Condiment	# 40 dipper	20	2	152	0.46	0	0.0	0.46	0.0	0.00
Weighted Daily Average			641	885	8.31	*37	28.96	87.04	19.98	6.99
% of Calories						*23.4%	18.1%	54.3%	28.0%	9.8%
Nutrient Guideline			600-700	1360						<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data
 1 - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

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Richardson I.S.D.

Planned Menu Spreadsheet

Portion Values - Detailed

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Aug 21, 2017 thru Sep 1, 2017

Jr High Lunch Grad7-8/17-18

001 - Central Office

Generated on: 5/22/2017 2:49:56 PM

	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Fri - 09/01/2017										
Jr High Lunch Grad7-8/17-18	Total	100								
Chicken Filet, SandWWholeMuscl	Sandwich	25	370	540	5.00	4	29.0	42.0	12.0	2.00
Chicken Filet, SandSpicy, mwWM	Sandwich	25	380	540	6.00	4	29.0	42.0	12.0	2.00
Fish on a WG Bun/Trident,3.6	1 piece	30	320	419	5.00	*3	17.98	42.97	9.98	1.00
Sun Butter Cup2M & WhtCrackers	Each/Pkg	10	480	390	10.00	8	16.0	28.0	33.5	4.00
Macaroni & Cheese/LndOLakes	1/2 cup	50	178	331	1.01	*1	8.25	23.62	5.81	3.53
Greens, TurnipwDicedTurnipsVeg	1/2 Cup	60	56	105	2.37	1	1.21	4.12	2.79	1.39
Mixed Spring Cut Vegetable Bln	1/2 cup	60	56	108	2.01	*0	1.01	4.03	4.0	2.00
GRAPES,Fresh	1/2C.	60	33	1	0.44	8	0.31	8.43	0.17	0.06
Milk, FatFree Chocolate	1/2 pint	60	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk,1% Unflavored	1/2 pint	20	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Skim, Unflavored	1/2 pint	20	80	125	0.00	12	9.0	12.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Ketchup/p.c. packet	PC pkt	20	10	25	0.00	2	0.0	2.0	0.0	0.00
Mustard/p.c. packet	PC pkt	20	4	69	0.06	0	0.26	0.35	0.24	0.01
Mayonnaise, P.C. Packet, Light	PC pkt	20	5	130	0.00	0	0.0	1.0	0.0	0.00
Tartar Sauce, P.C., 200/9 gm	PC pkt	20	20	85	0.00	1	0.0	1.0	1.5	0.00
Weighted Daily Average			625	949	8.66	*26	35.39	76.33	20.27	5.84
% of Calories						*16.7%	22.6%	48.8%	29.2%	8.4%
Nutrient Guideline			600-700	1360						<10.00

Weighted Average			642	1079	8.60	*32	30.61	84.36	20.27	6.90
						*45.0%	19.1%	52.6%	28.4%	9.7%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	642		600 - 700	100%				
Sodium (mg)	1079		1360					
Fiber (g)	8.60				Missing			
Sugars (g)	32	20.00%						
Protein (g)	30.61	19.08%						
Carbohydrate (g)	84.36	52.58%						
Total Fat (g)	20.27	28.43%						
Saturated Fat (g)	6.90	9.67%	<10.00%					

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