

# Richardson I.S.D.

## Planned Menu Spreadsheet

### Portion Values - Detailed

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Apr 2, 2018 thru Apr 13, 2018

Hallway Buffet Elem

056 - Audelia Creek Elementary 144

Generated on: 3/1/2018 11:27:55 AM

	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/02/2018										
Hallway Buffet Elem	Total	520								
Bene Fit Bar, Apple Blueberry	1 Each	520	290	200	3.00	23	5.0	48.0	9.0	3.00
Applesauce Cup, Unsweet/AnyFlv	1 each	480	50	15	1.00	12	0.0	14.0	0.0	0.00
Juice, Orange, 4 fl oz	Carton	480	50	15	0.00	10	1.0	12.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			500	396	3.92	*60	13.93	90.40	9.58	3.35
% of Calories						*47.9%	11.1%	72.3%	17.2%	6.0%
Nutrient Guideline			400-500	540						<10.00

Tue - 04/03/2018										
Hallway Buffet Elem	Total	520								
French Toast Sticks, IW2Pk, Ba	Pkg of 2Ea	520	240	260	2.00	10	6.0	38.0	7.0	1.00
Clementine Oranges, Raw, 25ct/5#	1 Each	480	43	0	2.18	*N/A*	0.85	10.66	0.11	0.02
Juice, Apple, 4 fl oz	1 Each	480	60	15	0.00	13	0.0	14.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			453	442	4.01	*39	14.79	79.16	7.68	1.36
% of Calories						*34.1%	13.1%	70.0%	15.3%	2.7%
Nutrient Guideline			400-500	540						<10.00

Wed - 04/04/2018										
Hallway Buffet Elem	Total	520								
Mini Cinnis, pull apart Cinnam	1 Each	520	240	300	2.00	15	5.0	40.0	8.0	2.00
Apple Slices, 2 oz Fresh	Bag, 1/2 Cup	480	30	0	1.00	6	0.0	7.0	0.0	0.00
Juice, Fruit Blend, 4 fl oz	1 Each	480	60	10	0.00	13	0.0	14.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

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**Richardson I.S.D.**

Planned Menu Spreadsheet

Portion Values - Detailed

**Apr 2, 2018 thru Apr 13, 2018**

Hallway Buffet Elem

056 - Audelia Creek Elementary 144

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	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			441	478	2.92	*49	13.01	77.78	8.58	2.35
% of Calories						*44.6%	11.8%	70.6%	17.5%	4.8%
Nutrient Guideline			400-500	540						<10.00

Thu - 04/05/2018										
Hallway Buffet Elem	Total	520								
Breakfast on a Stick IW/Turkey	1 stick	520	200	310	3.00	4	7.0	17.0	10.0	2.50
Craisins, Plain, Sweet Dried	pack	480	130	0	3.00	29	0.0	32.99	0.0	0.00
Juice, Apple, 4 fl oz	1 Each	480	60	15	0.00	13	0.0	14.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			493	492	5.77	*59	15.01	78.77	10.58	2.85
% of Calories						*48.2%	12.2%	63.9%	19.3%	5.2%
Nutrient Guideline			400-500	540						<10.00

Fri - 04/06/2018										
Hallway Buffet Elem	Total	520								
Pop Tart/WGrain/Strawberry 1ct	Single	520	180	180	3.00	15	2.0	38.0	2.5	1.00
Bananas	1 EACH	480	90	1	2.63	12	1.1	23.07	0.33	0.11
Juice, Fruit Blend, 4 fl oz	1 Each	480	60	10	0.00	13	0.0	14.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	400	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, FatFree Chocolate	1/2 pint	120	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			431	332	5.42	*52	11.04	86.87	4.74	2.26
% of Calories						*48.1%	10.2%	80.6%	9.9%	4.7%
Nutrient Guideline			400-500	540						<10.00

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## Planned Menu Spreadsheet

### Portion Values - Detailed

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Hallway Buffet Elem

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	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Mon - 04/09/2018										
Hallway Buffet Elem	Total	520								
Pancake, Mini, DeWafelbakker	1 Each	520	220	340	3.00	15	5.0	36.0	7.0	1.00
Applesauce Cup, Unsweet/AnyFlv	1 each	480	50	15	1.00	12	0.0	14.0	0.0	0.00
Juice, Fruit Blend, 4 fl oz	1 Each	480	60	10	0.00	13	0.0	14.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	400	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, FatFree Chocolate	1/2 pint	120	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			434	505	3.92	*51	13.03	76.50	8.93	2.16
% of Calories						*47.4%	12.0%	70.5%	18.5%	4.5%
Nutrient Guideline			400-500	540						<10.00

Tue - 04/10/2018										
Hallway Buffet Elem	Total	520								
Muffin Top, Blueberry, 2G Buen	1 Each	520	240	190	2.00	20	4.0	42.0	8.0	0.50
Clementine Oranges, Raw, 25ct/5#	1 Each	480	43	0	2.18	*N/A*	0.85	10.66	0.11	0.02
Juice, Apple, 4 fl oz	1 Each	480	60	15	0.00	13	0.0	14.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			453	372	4.01	*49	12.79	83.16	8.68	0.86
% of Calories						*43.0%	11.3%	73.5%	17.3%	1.7%
Nutrient Guideline			400-500	540						<10.00

Wed - 04/11/2018										
Hallway Buffet Elem	Total	520								
Biscuit Sandwich, Chicken Saus	1 Each	520	296	394	3.00	11	9.0	34.0	11.0	3.00
Apple Slices, 2 oz Fresh	Bag, 1/2 Cup	480	30	0	1.00	6	0.0	7.0	0.0	0.00
Juice, Orange, 4 fl oz	Carton	480	50	15	0.00	10	1.0	12.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00

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Hallway Buffet Elem

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	Portion Size	Plan Qty	Cals (kcal)	Sodm (mg)	Fiber (g)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)
Weighted Daily Average			488	576	3.92	*42	17.93	69.93	11.58	3.35
% of Calories						*34.8%	14.7%	57.4%	21.4%	6.2%
Nutrient Guideline			400-500	540						<10.00

Thu - 04/12/2018										
Hallway Buffet Elem	Total	520								
Cereal, Cocoa Puffs, 25%LessSu	1 bowl	520	110	160	2.00	8	2.0	25.0	1.5	0.00
Craisins, Plain, Sweet Dried	pack	480	130	0	3.00	29	0.0	32.99	0.0	0.00
Juice, Apple, 4 fl oz	1 Each	480	60	15	0.00	13	0.0	14.0	0.0	0.00
Milk, FatFree Chocolate	1/2 pint	400	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	120	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			403	342	4.77	*63	10.01	86.77	2.08	0.35
% of Calories						*62.9%	9.9%	86.1%	4.6%	0.8%
Nutrient Guideline			400-500	540						<10.00

Fri - 04/13/2018										
Hallway Buffet Elem	Total	520								
Mini Waffles, Maple, Eggo, Kel	Pkg.	520	210	320	4.00	11	4.0	35.0	6.0	1.00
Bananas	1 EACH	480	90	1	2.63	12	1.1	23.07	0.33	0.11
Juice, Fruit Blend, 4 fl oz	1 Each	480	60	10	0.00	13	0.0	14.0	0.0	0.00
Milk, 1% Unflavored	1/2 pint	400	110	131	0.00	12	8.03	13.05	2.51	1.51
Milk, FatFree Chocolate	1/2 pint	120	120	180	0.00	18	8.0	20.0	0.0	0.00
Milk, Lactose Free (OPTIONAL)	1/2 pint	0	0	0	0.00	*N/A*	0.0	0.0	0.0	0.00
Weighted Daily Average			461	472	6.42	*48	13.04	83.87	8.24	2.26
% of Calories						*41.5%	11.3%	72.8%	16.1%	4.4%
Nutrient Guideline			400-500	540						<10.00

Weighted Average			456	441	4.51	*51	13.46	81.32	8.07	2.12
						*101.3	11.8%	71.4%	15.9%	4.2%

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Hallway Buffet Elem

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Nutrient	Menu AVG	% of Cals	Portion Size Weekly Target	Plan Qty % of Target	Cals (kcal) Miss Data	Sodm (mg) Shortfall	Fiber (g) Shortfall	Sugars (g) Overage	Protn (g) Overage	Carb (g) Error Messages (if any)	T-Fat (g) Error Messages (if any)	S-Fat (g) Error Messages (if any)
Calories	456		400 - 500	100%								
Sodium 1 (mg)	441		540									
Sodium 2 (mg)	441		485									
Fiber (g)	4.51											
Sugars (g)	51	45.01%			Missing							
Protein (g)	13.46	11.82%										
Carbohydrate (g)	81.32	71.39%										
Total Fat (g)	8.07	15.93%										
Saturated Fat (g)	2.12	4.18%	<10.00%									

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